

Your Care Clinics, LLC

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Wound Care Instructions

Cryosurger: (freezing) This is destruction of a skin lesion (wart or precancerous lesion) with Liquid Nitrogen. The lesion will be frozen for 5-15 seconds. A small amount of discomfort is expected. The area may blister and the blister may be bloody. Draining of the blister may occasionally be necessary. The area usually heals in 1-3 weeks. A small amount of VASELINE may help prevent infection.

Shave Biopsy or ED & C: When a shave biopsy has been performed, it is left open to heal on its own. Excellent wound care is important. The site should be covered with VASELINE and a bandage. You should clean the area with soap and water gently, apply VASELINE and cover it once – twice daily. Some redness within the biopsy site is normal. The site will heal slowly by forming a scab over the next 10-20 days. Sites on the legs and feet heal slowly. Results will be discussed at the follow-up visit. **WE WILL CALL IF THE RESULTS ARE ABNORMAL.**

Excision or Punch Biopsy: A small portion of the skin is removed using a scalpel or a punch and then closed with stitches. Keep the area dry for the first 24 hours and clean once daily with soap and water. Apply VASELINE and cover with a new bandage. Return as directed for suture removal. Results will be discussed at the follow-up visit. **WE WILL CALL IF RESULTS ARE ABNORMAL.**

Note: You should notify us if excessive redness, tenderness, pus or swelling appears beyond the biopsy site. This possibly indicates an infection. For any questions you can contact our office at one of the numbers listed above.